

Independent Gymnastics Class Programme

Monday	3.45 – 4.45pm		Mini stars 3-4 Yrs
	4.45 – 5.45pm		Junior (4-6 yrs)
	4.00 – 5.00pm		Junior Bronze (5-7 Yrs)
	5.15 – 6.15pm		Junior Bronze 5-7 yrs)
	6.30 – 7.30pm		Senior Silver (9-12 yrs)
	7.30 – 8.30pm		12+ Structured
Tuesday			
	12.30 - 1.30pm		Tiny Stars (2-3Yrs)
	1.45 – 2.45pm		Mini Stars (3-4 yrs)
	4.00 - 5.00pm		Junior Bronze (5-7 yrs)
	5.00 – 6.00pm		Junior Silver (7-9 yrs)
	6.00 – 7.00pm		Senior Bronze (8-11 yrs)
	7.00-8.30pm		Senior Adv (invite only) F&V
Wednesday			
	3.45 – 4.45pm		Junior Stars (4-6 Yrs)
	4.30 – 5.30pm		Junior Bronze (5-7 yrs)
	5.45 – 6.45pm		Senior Bronze (8-11 yrs)
Thursday			
	3.45 - 4.45pm		Junior Stars (4-6 years)
	4.45 - 5.45pm		Junior Stars (4-6 years)
	4.00 – 5.00pm		Junior Bronze (5-7 Yrs)
	5.00 – 6.00pm		Junior Silver (6-9 Yrs)
	6.00 – 7.00pm		Senior Silver (8-12 Yrs)
	7.00-8.30pm		Senior Adv (invite only)
Friday			
	3.45 – 4.45pm		Mini Stars (3-4 yrs)
	4.45 – 5.45pm		Junior Stars (4-6 yrs)
	4.15 – 5.15pm		Junior Bronze (5-7 yrs)
	5.15 – 6.15pm		Senior Bronze (8-12 yrs)
	6.15 – 7.15pm		Senior Silver (9-11 yrs)
Saturday			
	9.00 - 10.00am		Mini Stars (3-4 Yrs)
	10.15 - 11.15am		Mini Stars (3-4 Yrs)
	11.15-12.1pm		Junior Stars (4-6 Yrs)
	12.30 – 1.30pm		Tiny Stars (2-3 yrs)
	9.15 – 10.15am		Junior Silver (6-9 Yrs)
	10.30 – 11.30am		Junior Bronze (5-7 Yrs)
	11.45 – 12.45pm		Junior Bronze (5-7 Yrs)
	1.30 - 3.00pm		Junior Adv (invite only)
	11.30-12.30pm		Boys Group
	2.00-3.00pm SEN		SEN group