

## Independent Gymnastics Class Programme

<b>Monday</b>	<b>3.45 – 4.45pm</b>	<b>Mini stars 3-4 Yrs</b>
	<b>4.45 – 5.45pm</b>	<b>Junior (4-6 yrs)</b>
	<b>4.00 – 5.00pm</b>	<b>Junior Bronze (5-7 Yrs)</b>
	<b>5.15 – 6.15pm</b>	<b>Junior Bronze 5-7 yrs)</b>
	<b>6.30 – 7.30pm</b>	<b>Senior Silver (9-12 yrs)</b>
	<b>7.30 – 8.30pm</b>	<b>12+ Structured</b>
<b>Tuesday</b>	<b>12.30 - 1.30pm</b>	<b>Tiny Stars (2-3Yrs)</b>
	<b>1.45 – 2.45pm</b>	<b>Mini Stars (3-4 yrs)</b>
	<b>4.00 - 5.00pm</b>	<b>Junior Bronze (5-7 yrs)</b>
	<b>5.00 – 6.00pm</b>	<b>Junior Silver (7-9 yrs)</b>
	<b>6.00 – 7.00pm</b>	<b>Senior Bronze (8-11 yrs)</b>
	<b>7.00-8.30pm</b>	<b>Senior Adv (invite only) F&amp;V</b>
<b>Wednesday</b>	<b>3.45 – 4.45pm</b>	<b>Junior Stars (4-6 Yrs)</b>
	<b>4.30 – 5.30pm</b>	<b>Junior Bronze (5-7 yrs)</b>
	<b>5.45 – 6.45pm</b>	<b>Senior Bronze (8-11 yrs)</b>
<b>Thursday</b>	<b>3.45 - 4.45pm</b>	<b>Junior Stars (4-6 years)</b>
	<b>4.45 - 5.45pm</b>	<b>Junior Stars (4-6 years)</b>
	<b>4.00 – 5.00pm</b>	<b>Junior Bronze (5-7 Yrs)</b>
	<b>5.00 – 6.00pm</b>	<b>Junior Silver (6-9 Yrs)</b>
	<b>6.00 – 7.00pm</b>	<b>Senior Silver (8-12 Yrs)</b>
	<b>7.00-8.30pm</b>	<b>Senior Adv (invite only)</b>
<b>Friday</b>	<b>3.45 – 4.45pm</b>	<b>Mini Stars (3-4 yrs)</b>
	<b>4.45 – 5.45pm</b>	<b>Junior Stars (4-6 yrs)</b>
	<b>4.15 – 5.15pm</b>	<b>Junior Bronze (5-7 yrs)</b>
	<b>5.15 – 6.15pm</b>	<b>Senior Bronze (8-12 yrs)</b>
	<b>6.15 – 7.15pm</b>	<b>Senior Silver (9-11 yrs)</b>
<b>Saturday</b>	<b>9.00 - 10.00am</b>	<b>Mini Stars (3-4 Yrs)</b>
	<b>10.15 - 11.15am</b>	<b>Mini Stars (3-4 Yrs)</b>
	<b>11.15-12.1pm</b>	<b>Junior Stars (4-6 Yrs)</b>
	<b>12.30 – 1.30pm</b>	<b>Tiny Stars (2-3 yrs)</b>
	<b>9.15 – 10.15am</b>	<b>Junior Silver (6-9 Yrs)</b>
	<b>10.30 – 11.30am</b>	<b>Junior Bronze (5-7 Yrs)</b>
	<b>11.45 – 12.45pm</b>	<b>Junior Bronze (5-7 Yrs)</b>
	<b>1.30 - 3.00pm</b>	<b>Junior Adv (invite only)</b>
	<b>11.30-12.30pm</b>	<b>Boys Group</b>
	<b>2.00-3.00pm SEN</b>	<b>SEN group</b>