## Regional Tumbling Prelims at Milton Keynes Gymnastics Club Sunday 17<sup>th</sup> March 2019

On Sunday Harlequin took 22 gymnasts to Kingston Gymnastics club for the Regional Tumbling Prelims. Most gymnasts where going with new runs and nerves where running high.

In the first session of the day we had the National 1 and 2 gymnasts taking part, each category was large and had tough competition.

In NDP 1 - Women's tumbling 9/10 years, Teegyn J was our only competitor from Harlequin against 16 others. An overall score of 51.70 to be placed  $13^{th}$ .

In NDP 1 - Women's tumbling 11/12 years, Isabelle W, again was our only competitor for Harlequin against 26 others. An overall score of 74.90 to be placed  $10^{th}$ .

In NDP 1 -Men's tumbling 11/12 years, we had Alfie S, and Jude W. Alfie was competing for the first time and with some errors in his runs he scored 26.90 to be placed  $3^{rd}$  and taking the Bronze Medal. Jude scored 72.00 overall to take  $2^{nd}$  and bring home the Silver medal and qualify for National Semi in Birmingham.

In NDP 2 - Women's 11/12 years, Emma L and Ruby B competed for Harlequin. Emma scored 53.00 overall to be placed  $4^{th}$ . Ruby unfortunately did not complete her runs and did not place. In NDP 2 - Men's 11/12 years, Charlie B was our only competitor for Harlequin with a score of 77.80 to be placed  $2^{nd}$  and take home the Silver medal and qualify for National Semi's in Birmingham.

In the afternoon session, we had the National 3 - FIG Performance gymnasts.

In NDP 3 - Women's 11/12 years we had 3 gymnasts compete who did amazingly well. Ulani H scored 75.70 to be placed  $3^{rd}$  taking the Bronze medal. Shai F scored 77.50 to be placed  $2^{rd}$  and take the Silver medal and Darcey W scored 75.7 to come  $1^{st}$  and take the Gold medal. Shai and Darcey both qualify for the National Semi in Birmingham.

In NDP 4 - Women's tumbling age 13+ we had 3 gymnasts take on a large group. Elizabeth H scored 74.80 to be placed  $6^{th}$  overall. Freya I scored 75.50 to be placed  $5^{th}$  overall and Cassidy P tumbled well to score 77.40 to come  $2^{nd}$  and take the Silver medal and also qualify for National Semi's in Birmingham.

In NDP 4 - Men's tumbling age 13+ Josh S was our again only competitor for Harlequin in this category. He scored 75.60 to come  $1^{st}$  taking the Gold medal and also qualifying for Semi's. Moving on to the new category of FIG development, who also needed to qualify for the National Semi-finals in Birmingham.

In FIG Development age 11/12, we had Imogen C to score 160.3 to come 1<sup>st</sup> taking the Gold medal.

In FIG Development age 13/14, we had Morgan C to score 171.50 to come  $1^{st}$  taking the Gold medal.

In FIG Development age 15+, Clare S was against 2 other gymnasts, Clare tumbled well to score 169.20 to take  $1^{st}$  place and bring home the Gold medal.

In FIG Development Men's age 15+ Shane B was against 1 other gymnast, tackling some tricky tumbles to score 167.40 to be placed  $1^{st}$  and bring home the Gold medal.

All gymnasts in the FIG Development have qualified for the National Semi-Finals in Birmingham.

To finish the afternoon, we had our FIG Performance gymnasts who will be hopefully going to British Championship series 1 later in the year. They all were competing 2 new runs and did extremely well.

In FIG Performance Women's tumbling age 13/14 years, Caitlin G scored 55.90 overall.

In FIG Performance Women's tumbling age 15/16 years, Georgi I scored 58.30 overall.

In FIG Performance Men's tumbling age 11/12 years, Aston F scored 49.20 overall.

In FIG Performance Men's tumbling age 15/16 years, Enrique P-B scored 53.40 overall.

In total we will be taking 11 gymnasts to Birmingham in June for the National Semi-finals, to then hopefully tumble into the Finals in Coventry.

Well done to all gymnasts from your coaches.



