

Harlequin



School of gymnastics

NEWS AND INFO:

HELLO! and welcome to the last Harlequin newsletter for 2018.

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Harlequin school of gymnastics

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2019 EVENTS

Red Nose Week

Monday 11th – Saturday 16th
March 2019

Squad Easter Sleepover

8:30pm Thursday 18th April –
9am Friday 19th April

£15 per gymnast

Fundraising Quiz Night

7:30-10:30pm Saturday 4th May

£5 a ticket (Adults Only)

Leighton Buzzard Cricket Club

2019 COMPETITIONS

TUMBLE

- 17th March Regional NDP Prelims – Kingston, MK
- 27th/28th April – British Series 1 Qualifiers, Telford
- 11th/12th May – English Silver Championships, Telford
- 1st/2nd June – British Series 2 Qualifiers, Sheffield
- 8th/9th June – National NDP Semi-finals, Birmingham
- 13th/14th July – National NDP Finals, Nottingham
- 29th July- 2nd September – Tumble Camp, Revolution Birmingham – **1st JUL £260**
- 28th/29th September – British Finals, Birmingham

ARTISTIC

- 23rd & 24th March – Piper's Vale Grades Open, Ipswich
- 31st March – County Grades Qualifiers, Salto
- 7th April – Regional National & Compulsory Grades Qualifiers, Ipswich
- 19th May – Regional & Club Grades Final, Ipswich
- 23rd June – County Teams, Salto
- 29th – 30th July – Artistic Camp, Revolution – **1st JUL £75**
- 31st Aug/1st Sept – Bury Teams Open, Bury St Edmunds
- 15th September – County 4-piece Qualifiers, Harlequin
- 20th/21st October – Regional 4-piece Finals, Ipswich
- 3rd November – Regional Inter-county Teams levels 4,3&2

GENERAL

- 24th March – County Apparatus Qualifiers levels 1,2&3, Luton
- 31st March – County Apparatus Qualifiers levels 4&5, Luton
- 2nd June – Regional Apparatus Finals level 1&2, Ipswich
- 9th June – Regional Apparatus Finals level 3, Ipswich
- 30th June – Regional Apparatus Finals level 4&5, Ipswich
- 21st July – County Floor and Vault Championships

ACRO

- 24th November – County Championships, Salto

TEAMGYM

- 27th/28th July – British Championships, Liverpool

CLUB

- 30th March – Inhouse Club Grades

ACRO REGIONAL CHAMPIONSHIPS

20th January 2019

With the Eastern Regional Prelims fast approaching 4 pairs from Harlequin's Acro Squad competed in the Regional Championships. This is a competition for gymnasts to focus their routines and get competition experience before the Regional Prelims in March.

It was a successful day with some important medals won.

In the Grade 1 Women's Pairs, Leia Hennessy & Lucy Stringer came in 4th place with a score of 22.600 narrowly missing out on a medal by 0.050. Elena Young & Enya Chong pip them to the post and took the bronze medal for their score of 22.650.

In the Grade 3 Women's Pairs, Madelyn Lacey & Isla Eldridge came in 7th place with their score of 22.060. Zoe Change & Darcy Sinclair took the bronze medal with their score of 24.020.

What a successful competition and a great start to the Acro season. Role on March.

BEDFORDSHIRE COUNTY ARTISTIC SQUAD SELECTION 2019

With a new year comes a new Bedfordshire county squad selection.

With 18 gymnasts trialling 13 were given a place in the full squad and 4 were selected for the development squad. These 17 gymnasts will now attend training sessions throughout the year with all selected gymnasts from other Bedfordshire clubs.

As part of gymnast's selection into full squad they receive a Beds County leotard to wear to county squad sessions. All 15 gymnasts received a beds county t-shirt to attend training in.

Well done to all those who were selected!

The 2019 dates are:

- Saturday 2nd March – Harlequin
- Saturday 4th May – Harlequin
- Saturday 20th July – Salto
- Saturday 12th October – Harlequin
- Saturday 9th November – Salto



SOUTHERN TEAMGYM TOURNAMENT - BRACKNELL

24th February 2019

On Sunday 24th February, Harlequins Youth TeamGym squad competed at the Southern TeamGym Tournament in Bracknell, competing against teams from all over the South. Despite this being their first TeamGym competition, the girls held their nerve to produce 2 great runs on both Tumble and Trampette and Vault. Despite a few nervous wobbles, the team scored 11.6 on Tumble and 10.75 on Trampette and Vault, giving them a total score of 22.35 and the bronze medal. An excellent achievement for their first competition!

BRITISH TEAMGYM QUALIFIERS – BRACKNELL

9th March 2019

Continuing in the successful footsteps of our Youth Team, Saturday 9th March saw our Junior TeamGym squad compete at the Southern TeamGym qualifying competition, with a spot at the British Championships at the M&S Bank Arena in Liverpool up for grabs. This was the first time the girls had competed in the Junior age category and their first qualifying competition, so the team went into the competition with no expectations other than to enjoy the experience. With possibly the youngest team in the category, the girls stepped up to the mark to produce 2 exceptional runs on both Tumble and Trampette and Vault. With a few errors on Vault and Trampette, the team scored 11.00 but pulled it out of the bag to score a massive 13.05 on Tumble which was the highest score out of both the Southern and Northern Qualifying competitions. This gave the girls a final score of 24.05 and the silver medal which sails them through to the British Championships in 4th place. An amazing achievement for both the team and the club.

Well done to both teams and good luck to the Juniors for British!



Bronze Medalling Youth Team at TG tournament



Silver Medalling Junior Team at TG British qualifiers

HARLEQUIN GYMNAST OF THE MONTH.

HALL OF FAME

JANUARY & FEBRUARY CHAMPIONS ARE:

Development: Masie Lee – After being invited to join the squad Maisie has shown fantastic focus and very quickly picked up advanced skills to a good quality. Impresses the coaches every week



Artistic: Harriet Lugg – Harriet moved up from development squad late last year and has so far flourish in our junior artistic squad. Quickly picking up skills and improving her quality.



Acro: Eve Howe – Eve consistently works hard to pick up new skills and has transitioned well from the Advanced class to the Acro squad.



General: Amy Eldridge – for always persevering to correct her skills ready for her first external competition.



Tumble: Clare Stringer – Showing consistent determination and perseverance to achieve her runs for the FIG Performance Pathway.

