

# Harlequin



School of gymnastics

## NEWS AND INFO:

HELLO! and welcome to the last Harlequin newsletter for March 2019.

### CONTACT US:

Harlequin school of gymnastics

Unit 8 Greaves Way, Stanbridge Road  
LU7 4UB

01525 374854

[Harlequingymnastics@yahoo.co.uk](mailto:Harlequingymnastics@yahoo.co.uk)

### FOLLOW US ON:

FACEBOOK - @harlequingymclub

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@harlequingymsquad &  
@harlequintumblers

## HARLEQUIN NOW RUN 1:1 SESSIONS!

Nicola (WAG), Elliott (TUM) & Amy (GEN&TUM) are opening their diaries to book in gymnasts for 1:1 session's.

1:1 = £30 per hour

1:2 = £40 per hour

1:3 = £50 per hour

(these prices are as of the Easter holidays)

These sessions are available all year round.

**Please enquire at reception to book a session.**

## 2019 COMPETITIONS

### TUMBLE

- o 11<sup>th</sup>/12<sup>th</sup> May – English Silver Championships, Telford
- o 1<sup>st</sup>/2<sup>nd</sup> June – British Series 2 Qualifiers, Sheffield
- o 8<sup>th</sup>/9<sup>th</sup> June – National NDP Semi-finals, Birmingham
- o 13<sup>th</sup>/14<sup>th</sup> July – National NDP Finals, Nottingham
- o 29<sup>th</sup> July- 2<sup>nd</sup> September – Tumble Camp, Revolution Birmingham – **1<sup>st</sup> JUL £260**
- o 28<sup>th</sup>/29<sup>th</sup> September – British Finals, Birmingham

### ARTISTIC

- o 19<sup>th</sup> May – Regional & Club Grades Final, Ipswich
- o 23<sup>rd</sup> June – County Teams, Salto
- o 29<sup>th</sup> – 30<sup>th</sup> July – Artistic Camp, Revolution – **1<sup>st</sup> JUL £75**
- o 31<sup>st</sup> Aug/1<sup>st</sup> Sept – Bury Teams Open, Bury St Edmunds
- o 15<sup>th</sup> September – County 4-piece Qualifiers, Harlequin
- o 20<sup>th</sup>/21<sup>st</sup> October – Regional 4-piece Finals, Ipswich
- o 3<sup>rd</sup> November – Regional Inter-county Teams levels 4,3&2, Ipswich

### GENERAL

- o 2<sup>nd</sup> June – Regional Apparatus Finals level 1&2, Ipswich
- o 9<sup>th</sup> June – Regional Apparatus Finals level 3, Ipswich
- o 30<sup>th</sup> June – Regional Apparatus Finals level 4&5, Ipswich
- o 21<sup>st</sup> July – County Floor and Vault Championships

### ACRO

- o 15<sup>th</sup> June – South Staffs Open, Staffordshire
- o 24<sup>th</sup> November – County Championships, Salto

### TEAMGYM

- o 27<sup>th</sup>/28<sup>th</sup> July – British Championships, Liverpool

## ARTISTIC COMULSORY & NATIONAL GRADES REGIONAL FINAL – IPSWICH

SUNDAY 7<sup>TH</sup> APRIL 2019

### COMPULSORY GRADE 5, AGE 8

On Sunday 7<sup>th</sup> April 3 gymnasts travelled to Piper's Vale Gymnastics Club in Ipswich to compete in the compulsory and national grade finals.

First to compete was Kardelen Kaya at Compulsory Grade 5 age 8. Kardelen had 5 solid routines and beat her Personal best by gaining a distinction score of 60.050. Placing her 6<sup>th</sup> overall.

Fantastic achievement Kardelen!



### NATIONAL GRADE 5, AGE 9-11

In the afternoon Bella Williams and Lucy Walsh competed in the National Grade 5. after a flight start both looked on track for distinction score and a place in the top 6.

Lucy finished in 6<sup>th</sup> place with a distinction score of 60.950 even with a few wobbles. Lucy did achieve the highest score on bars of 13.250.

Bella had a strong start nailing her beam with a score of 12.200 which was the second highest score. But after a few falls on range she came in 17<sup>th</sup> place overall with a merit score of 57.900

**Well done to all 3 gymnasts. Great start to the competing year.**

**Onwards and upwards to voluntaries.**

## **BRITISH TUMBLING SERIES 1 QUALIFIERS – TELFORD**

### **DAY 1 – SATURDAY 27<sup>TH</sup> APRIL 2019**

Day 1 saw 3 gymnasts from Harlequin compete on a British stage for the very first time.

Aston Fairbanks was the first to compete in the Men's FIG performance level, age 11-12 years. Scoring 26.700 on Run 1 and 26.300 on Run 2, Aston came in 12<sup>th</sup> place overall.

In the Women's FIG performance level, age 13-14 years there were 2 gymnasts competing for Harlequin. Bethany Smith came in 17<sup>th</sup> place with an overall score of 56.300. She scored 29.000 on Run 1 and 27.300 on Run 2. Caitlin Garbutt came in 16<sup>th</sup> place overall scoring 56.600 scoring 28.200 on Run 1 and 28.400 on Run 2.

All 3 gymnasts performed 2 brand new runs, and all landed solidly. What an impressive start to their National career's. Role on Series 2!



**Well done coaches**

**Nikki & Elliott!**

**Super job!**



## **BRITISH TUMBLING SERIES 1 QUALIFIERS – TELFORD**

### **DAY 2 – SUNDAY 28<sup>TH</sup> APRIL 2019**

Day 2 proved even more successful. With 2 more gymnasts for Harlequin.

With Enrique Pazaran-Butler making his debut on the British stage in the Men's FIG performance level, age 15-16 years. After nailing both his new runs he has qualified for British finals with a final score of 59.800. Enrique scored 29.800 on Run 1 and 30.000 on his Run 2 placing him in 4<sup>th</sup> place overall, narrowly missing out on a bronze medal by 0.400.

Georgi Issott was next to compete in the Women's FIG performance level, age 15-16 years. Georgi overall score of 61.100 smashed through the British qualifying score to qualify for World Trials. Georgi scored 30.300 on run 1 and 30.800 on run 2 to give her the bronze medal overall.

What a fantastic day for the Harlequin Tumblers! #Teamhazza!



# HARLEQUIN GYMNAST OF THE MONTH

## HALL OF FAME

**March's champions are:**



**Development: Olivia Betteley**

For her super hard work leading up to her competition. lots of improvements made

**General: Imogen Ward**

Imogen has worked very hard and taken initiative to add personal artistry to her routines. Always fun to coach

**Acro: Amelia Shults**

Through unfortunate injuries Amelia had persevered and worked hard to get back to full fitness. Now with a new pairing she is working well and developing a strong routine.

**Artistic: Imogen Cook**

over coming fears and perseverance in her training. always giving 100% in her training to progress.

