



January & February 2016

Harlequin



School of Gymnastics

GENERAL NEWS AND INFORMATION

FACEBOOK – Please check our Facebook page for recent news and updates, competition results and photos. Find us @Harlequingymclub

CHANGES TO MONTHLY PAYMENTS

We are now online! From January 2017 we are now be corresponding with you via our online system. You will now receive updates, monthly newsletters and other important information via email. So please keep an eye out for emails from us!

As of January 2017 we are now using a Direct Debit system instead of the old Standing Order for gymnastic payments. This is to ensure everyone is paying correct fees on time. This system will also make competition, insurance and membership and refunding payments easier, safer and faster for ourselves and you. So please be patient while we set up and iron out the details. If you have any queries please speak to the finance team Dawn and Russell who are leading the payment system.

UP AND COMING EVENTS FOR 2017

ARTISTIC COMPETITIONS:

- 19th March – NDP National Grade 4,3,2&1 Regional Prelims - Ipswich gymnastic centre
- 2nd July – County 2 Piece - Salto gymnastics centre in Luton
- 1st October – County 4 Piece Regional Prelims - Harlequin gymnastics club
- 21/22nd October – Regional 4 Piece final levels 6,5,4,3&2 - Ipswich gymnastics centre (top 3 from county)
- 12th November – Regional Inter-County Team Finals levels 4,3&2 - Ipswich gymnastics centre

GENERAL COMPETITIONS:

- 9th April – County 4 Piece levels 1&2 Apparatus final - Luton gymnastics club
- 14th May – county 4 piece levels 3,4&5 Regionals Apparatus Prelims - Salto gymnastics club
- 11th June – Regional 4 Piece Level 3 Apparatus Final - Ipswich gymnastics centre
- 25th June – Regional 4 Piece Level 4&5 Apparatus Final - Ipswich gymnastics centre

NDP TMUBLING COMPETITIONS:

- 26th February – NDP Regional Tumbling Prelims - Salto Gymnastics centre in Luton
- 16/17/18th June – NDP National Tumbling Semi Final - Barclaycard Arena in Birmingham (top 2 from regional prelims)
- 7/8/9th July – NDP National Tumbling Final - International Centre in Telford (top 8 from semi-finals)

BRITISH TMUBLING COMPETITIONS:

- 28/29/30th April – British Tumbling Qualifier 1 - Nottingham University
- 2/3/4th June – British Tumbling Qualifier 2 - EIS in Sheffield
- 23/24th September – British Tumbling Final - Echo Arena in Liverpool

ACRO COMPETITIONS:

- 5th March – NDP Regional Acro Prelims - Salto Gymnastics centre in Luton

TEAMGYM COMPETITIONS:

- 11/12th March – Southern Teamgym Qualifiers - Bracknell
- 29/30th July – British Teamgym - Echo Arena in Liverpool

CLUB COMPETITIONS:

- 1st April – General 4 piece level 1,2,3,4&5 - Harlequin Gymnastics Club
- DTC later in the year – General 2 piece level 1,2,3,4&5 - Harlequin Gymnastics Club

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2017 CHRISTMAS JUMPER WEEK!

We raised £80 through our Christmas Jumper Week we held in December. The money goes towards the Save the Children charity.

Thank you to all those who wore their festive jumper and donated!

HELLO THERE NEWBIE!

We have a new receptionist here at Harlequin. Her name Cheryl and has partly involved with the club for 20. Now a retired spinal nurse she has taken on a part time receptionist job here at Harlequin. She will be on the desk 2 evenings a week.

We would like to thank you for your patients while she learns the ropes.

HARLEQUIN GOT TALENT 2016

On December 17th, Harlequin held their annual display show. It was a night of sporting success with the Rio Olympics 2016 as the theme. With 8 performances from basketball to swimming, football to boxing it was a spectacular show. Audiences were wow with the gymnast's innovative ideas, clever choreography and sporting versatility.

Well done to all the groups with their fabulous multi-sporting performances

and

Congratulations to the winning team of the evening,



DVD are available at reception to pre-order.

There were also some awards handed out to celebrate some of the gymnasts and coaches who have all worked extremely hard throughout the year of 2016.

Coaches Awards

Junior Rec Coach

3. Max Rowlands
2. Lauren Pratt
1. Mollie Walsh

Senior Rec Coach

3. Kim Bolton
2. Louise Williment
1. Simon Sedgley

Junior Squad Coach

3. Connie
2. Lauren
1. Ellie

Senior Squad Coach

3. Nikki Gundry
2. Nicola Dunn
1. Amy McElwee

Gymnasts Awards

Personality

3. Elizabeth Hardie
2. Emma Layzell
1. Annabel Cook

Hardest Worker

3. Cassidy Pratt
& Georgi Issott
2. Elizabeth Hardie
1. Morgan Cook

Achievement

3. Cassidy Pratt
& Madison Wraight
2. Freya Blackwell
1. Georgi Issott
& Morgan Cook

Most Improved

3. Clare Stringer
& Darcey Wraight
2. Shai-Amari Freckleton
1. Morgan Cook

Gymnast

3. Olivia Lawrence
& Shai-Amari Freckleton
& Emma Layzell
2. Clara Foster
1. Maisie Spooner

WELL DONE TO ELLIOTT AT THE WORLD CUP

In February, Elliott Browne travelled to Baku in Azerbaijan to compete in the World Cup 2017.

He competed as part of a specially selected BG team. He was part of a team of only 4 competitors.

After tumbling fabulously performing a double transition tumble run he place in 3rd taking home his first senior international medal. A huge well down Elliott. Everyone at Harlequin is so proud!

To help Elliott with his elite tumbling career we will be holding some fund raising events in the up and coming future to help pay for his travels and accommodation while competing abroad. So keep an eye out for any events we may be holding to raise some money.

