



October 2016

Harlequin



School of Gymnastics

GENERAL NEWS AND INFORMATION

FACEBOOK – Please check our Facebook page for recent news and updates, competition results and photos. Find us @Harlequingymclub

LOST PROPERTY/KIT – Please make sure all Harlequin club kit is named. Also we ask that gymnasts could refrain for wearing competition kit to training. It can damage the kit and may get lost.

CAR PARK – The car park is still an issue, particularly at the end of sessions. **Please make sure all parents come into the gym building to pick up their children.** We do not want any gymnast to walk outside the building unaccompanied.

VALUABLES – Gymnasts are advised to not leave any valuables in the changing rooms as they can get lost.

COLD WEATHER – Now it getting colder please make sure all gymnasts wear warm clothing to and from gym. We do not want gymnasts walking in or out of the gym in just a leotard or crop tops. It's just too cold!

GOOD BYE MAJA

At the end of September, Harlequin had to say a sad goodbye to Maja Austin. Maja has been a gymnast and coach here at Harlequin since she was 5 years old, which is over 16 years ago. From competing at national competitions to taking her own gymnasts to regional finals, she has been a valued member of our team; she will be greatly missed by everyone here at Harlequin.

Good luck to Maja who is now studying at Portsmouth University. We look forward to seeing her at Christmas.



HELLO NEWBIES TO THE TEAM

October saw the return of a much-missed coach Annett Alsopp who has previously worked at Harlequin last year. She is an expert in choreography and a regional judge. She is here to help out some of our artistic and development squads.

There is a new face to add to the team. Jessie Stewart has come from Norfolk Academy Gymnastics Club and is a Women's Artistic Level 2 coach and Club judge. We are all very pleased to have her part of our team and look forward to swapping knowledge.

ANNUAL BRITISH GYMNASTICS AWARDS EVENING – 8TH OCTOBER 2016

Nikki, Nicola, Angela and Elliott attended the BG Annual Awards Evening in Leicester's Athena. It was a glamorous night with a 3-course meal, awards and the chance to bump into some Olympians! Elliott was recognised for his international contribution and medals, while Angela was busy catching the attention of some famous faces to get their autograph. A great night spent by all and we're already at looking to book for 2017!

UP AND COMING COMPETITIONS AND EVENTS

Harlequins Display evening:

Friday 16th December 2016 at Harlequin.

For Development and Acro squads with festive refreshments available to purchase

Tickets prices:

£2.50 per adult

£1 per child

Harlequin's Got Talent Show:

Saturday 17th December 2017 at Harlequin.

For all other squads with festive refreshments available to purchase and our annual Christmas raffle.

Ticket prices:

£5 per adult

£1 per child

Also please can all gymnasts make sure they have brought in their Secret Santa gift by this date please!

SECRET SANTA GIFTS HANDED OUT & LAST DAY OF TRAINING:

WEDNESDAY 21ST DECEMBER 2016

Christmas Parties:

Thursday 22nd December @ Harlequin

£7.50 a ticket, which includes:

Playtime in the gym, party food, a present and a visit from Father Christmas!

Party 1- age 3 and under (10:30 – 12:30pm)

Party 2 – age 3-5 years (1 – 3pm)

Party 3 – age 6 years + (3:30 – 5:30)

HARLEQUIN RE-OPENS ON:

THURSDAY 5TH JANUARY 2017

REGIONAL 4 PIECE APPARATUS FINAL – 15TH & 16TH OCTOBER 2016

13 amazing young gymnasts from Harlequin travelled to Ipswich Gymnastics Centre for the Woman's Artistic Regional 4-piece apparatus finals.

In the **Level 6 aged 8** there were 2 gymnasts from Harlequin. Evie-Mai Crossley and Darcey Wraight were the 2 youngest gymnasts to compete. Darcey came in 7th place on vault, 8th on bars, 6th on beam and 12th on floor, placing 11th overall with a final score of 43.850. Evie-Mai placed 12th on vault, 9th on bars, 9th on beam and 11th on floor, placing 12th overall with a score of 42.800.

In the **level 6 age 9&10** Emma Layzell competed for Harlequin. Placing 4th on vault, 8th on bars, 4th on floor and 7th overall with a score of 45.800. Emma scored a fantastic 12.350 for her beautiful beam routine taking the gold medal! Well done Emma!

In the **Level 5 age 9** there were 2 gymnasts from Harlequin competing. Imogen Cook came in 15th place on vault, 5th on bar, 10th on beam, 13th on floor and placed 10th overall with a final score of 44.950. Clara Foster placed in 11th on vault, 7th on bars, 14th on beam, 11th on floor, placing her 11th overall with a final score of 44.600.

In the **Level 5 age 10&11** Thalia Marrone, Cassidy Pratt and Elizabeth Hardie competed for Harlequin. Thalia Marrone placed 12th on bars, 8th on beam, 12th on floor and scored 46.400 overall placing 7th. Thalia's fantastic vault scored her 11.10 taking a silver medal! Well done Thalia. Cassidy placed 10th on vault, 13th on bars, 11th on beam and 8th on floor, placing her 11th overall with a score of 45.100. Elizabeth Hardie came in 7th place on vault, 8th place on bars, 15th place on beam and 6th place on floor, scoring 44.450 overall, placing 12th.

In the **Level 4 age 10&11** there were 3 gymnasts competing from Harlequin. Morgan Cook placed 9th on vault, 8th on bars, 5th on beam, 7th on floor and 6th overall scoring a final score of 46.750. Bethany Smith placed 12th on vault, 9th on bars, 8th on beam and 9th on floor, scoring 45.500 overall coming in 9th place. Caitlin Garbutt came 14th on vault, 16th on bars, 17th on beam and 12th on floor, scoring 39.600 overall taking in 17th place.

In the **Level 4 age 12&13** Madison Wraight competed, taking 12th place on vault, 10th place on bars, 13th place on beam and 5th place on floor, Madison came in 13th place overall scoring 38.850.

In the **Level 3 age 11&12**. Georgi Issott placed 9th on vault, 17th on bars, 15th on beam and 11th on floor scoring 42.850 overall taking 15th overall.

Well done to all the girls who competed for the club! 😊

