



July 2016

Harlequin

School of Gymnastics



GENERAL NEWS AND INFORMATION

FACEBOOK – Please check our Facebook page for recent news and updates, competition results and photos.
Find us @Harlequingymschool

LOST PROPERTY/KIT – Please make sure all Harlequin club kit is named. Also we ask that gymnasts could refrain from wearing competition kit to training. It can damage the kit and may get lost.

SUMMER HOLIDAYS – Training continues throughout the holidays. Please make your gymnasts coach is aware of any planned holidays so we can plan the sessions so no gymnast misses out on new skills or competition preparation.

CAR PARK – The car park is still an issue, particularly at the end of sessions. Please make sure all parents come into the gym to pick up their children. We do not want any gymnast to walk outside the building unaccompanied.

VALUABLES – Gymnasts are advised to not leave any valuables in the changing rooms as they can get lost.

LEIGHTON BUZZARD CARNIVAL 2016

A massive thank you to all gymnasts, coaches and helpers who helped on this year's carnival display. It was a big success and raised a lot of interest for the club.

Here are a few snaps of the day.



WELCOME BACK LADIES

We are happy to welcome back some of our younger coaches. Steph Hull, Sophie Smart and Emma Marks all coached here before attending university. Steph is coaching back here during her summer from Colchester University. Emma has moved back to the area to commute to University of Hertfordshire and Sophie will be working here while on her placement year from Huddersfield University.

We are excited to have these girls back on the Harlequin team.

SQUAD SLEEPOVER!

During the summer holidays, Harlequin will be hosting a squad sleepover! This is available to all Harlequin squad gymnasts.

Drop off at 8:30pm on Wednesday 27th July and pick up at 9am the next morning.

Price per child is £15. This includes:

- Pizza for dinner
- Playing on all the equipment and games till midnight
- Watching movies
- Packet of sweets
- Breakfast in the morning

Please book your child's space at reception.
(If not enough tickets are sold we will have to cancel)

GYM CAMP

Just a reminder for gym camp. Please remember to pre-book spaces as we do not take walk ins on the day. Gym camps are a great way to learn new skills, gain extra practise for competition and have fun.

Please go to reception to book in!
(Squad camp is by invitation only)

July 2016

ASHLEIGH AND ELLIOTT AT BRITISH TUMBLING CHAMPIONSHIPS

Ashleigh Kemp and Elliott Browne proudly competed at this year's British Tumbling Championships in Liverpool Echo Arena on Saturday 2nd and Sunday 3rd of July. After qualifying in June both gymnasts tumbled well to place in the Final.

This was Ashleigh's first time competing in a British final and she tumbled exceptionally. After performing a beautiful double tuck somersault dismount, she came in 10th place. This is an amazing achievement for Ashleigh's first year competing at this high level. She has an exciting future ahead and we can't wait for next year's season!

Our Elliott Browne did not fail to impress. He has worked extremely hard to perform a fantastic new skill; he had audiences stunned at his difficulty and variation. Elliott finally got a chance to be the first British gymnast to compete a full twisting triple pike back somersault dismount, of which he landed with his usual flare. This is a massive achievement for him. Elliott is leading the way for British tumbling, encouraging others in his team to push for skills that are higher in difficulty value. Elliott placed 2nd and took the Silver medal; a big well done to Elliott. Harlequin is so proud of you and what you're achieving.



SUCCESS FOR ALL 3 OF OUR TUMBLERS AT THE NATIONAL NDP FINALS

Congratulations to all 3 gymnasts who competed for Harlequin at the National NDP Finals on 9th & 10th July in Telford.

Thalia Marrone was the first to compete in the NDP level 2 aged 9&10 years. After competing all 3 of her tumbles she came in 6th place.

Caitlin Garbutt was next to compete. She competed in the NDP level 3 ages 9&10 years. After she completed all 3 of her tumbles she came in 2nd place. Well done Caitlin for your silver medal.

Morgan Cook was the last to compete. She competed in the NDP level 4 age 9&10 years. After completing all 3 of her tumbles to perfection, she took the gold medal and the National Champion Title. Congratulations to Morgan!

All 3 gymnasts did Harlequin proud and we are so pleased for their success.

