

Maja's Off to Nationals Again!!

Harlequin gymnast Maja Austin is off to Birmingham in April for the National Grades Final following the Regional Qualifier last weekend. Grades involves doing set routines on vault, bar, beam and floor with a compulsory range and conditioning routine.

As the lone competitor for the club in this grade, Maja got off to a great start on bars scoring 10.350. She then moved to beam where a controlled and steady performance saw her rewarded with a score of 11.050. Floor followed where she performed her 'Zorba the Greek' routine extremely well to score a very respectable 11.400, one of only 5 in her group to get over 11.

Then came range and conditioning which is often the sticky point in this type of competition as it involves skill, flexibility, balance and elegance - not a great combination with nerves! Maja managed to steady herself and perform her range with confidence and grace to achieve a score of 10.250.

The final rotation saw Maja move to one of her best pieces the vault. She performed the yuchenko style vault with power and precision to achieve a score of 12.450.

A mature and controlled performances throughout the competition meant that Maja achieved an overall score of 45.250 to take the bronze medal and a place in the Eastern Region team for the finals.

We would all like to say a massive well done to Maja and the best of luck for the National Finals!!

